

Prayer Bowls

One bowl per household, please.

Step 1

Pick your bowl

Step 2

If you wish you may decorate your bowl with the jewels. Or not!

Step 3

Think of things or people that you routinely pray for and make a stone for that prayer.

For example, a prayer for your cat could have a cat drawn on it with the markers.

Step 4

At a family mealtime or gathering take turns offering a prayer while holding the stone.

Step 5

You can make new stones at home whenever you need them.